

Did You Know?

Mental Health Statistics

- 1) Nearly one in five Americans suffer from some kind of mental disorder, which can be successfully treated.
- 2) Less than half of African American adults with mental illness seek treatment for mental health problems, and less than one third of their children receive treatment.
- 3) African Americans make up about forty percent of the homeless population, the majority suffering from mental illness are self medicating to treat mental illness.
- 4) Seven percent of African American men will develop Depression during their lifetime. This is likely to be an underestimate due to lack of screening and treatment services.
- 5) Stigma and difficulty paying for care keeps millions of Americans from treatments that have proven successful.

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