

REQUEST FOR TRAINING

Please complete the following information and fax to: 410.338.1771.

Name: _____

Title: _____

School: _____

School Address/zip: _____

Phone: _____ Fax: _____

Email: _____

Please list your top priority training topics:

1 _____

2 _____

3 _____

Please give us your proposed date and time:

Date/Time: _____

Alternative Date/Time: _____

Estimated Number of Attendees: _____

Proposed location (community resource): _____

Signature/Date: _____



BLACK MENTAL HEALTH ALLIANCE FOR EDUCATION AND CONSULTATION, INC.

THE IMANI PROJECT

AN OVERVIEW OF

A WELLNESS PROGRAM FOR FAMILILES AFFECTED BY HIV/AIDS

The Imani Project

A Wellness Program for Families Affected by HIV/AIDS

HIV/AIDS related stigma coupled with the stigma of mental illness has a significant impact on persons infected or affected by HIV/AIDS. Specifically, African Americans are disproportionately affected by HIV/AIDS and mental illness with respect to the identification, diagnoses and treatment. Thus, their clinical and social outcomes are compromised. There is an unmistakable linkage between chronic disease and mental health. Persons living with HIV may be at greater risk for depression. Depression can affect the mind, mood, body and behavior.

In general, responsible decision making pertaining to one's sexuality is especially important and even more critical for those affected by HIV/AIDS. Therefore, it can be concluded that if a person is experiencing depression, their decision making skills may not be optimal. In addition, if left untreated, depression increases the risk for suicide. As many as one in three persons living with HIV may suffer from depression. Unfortunately, depression is not identified or misdiagnosed in people living with HIV because symptoms are often mistaken for natural accompaniments to HIV. Cultural and ethnic differences are often poorly understood by primary care and mental health providers, further complicating treatment.

What's more, HIV/AIDS is supplemented with other social ills that cause an immeasurable amount of pain within community and family environments. BMHA's establishment within numerous faith, community, clinical and school based settings naturally predisposes the organization's capacity to implement an HIV/AIDS specific community education initiative as follows.

TRAINING TOPICS

Bipolar Disorder
Anger Management
Depression
Substance Abuse
Relationships (Family, other)
Self Preservation
HIV and the Family
Denial
Fear and Anxiety
Life Planning
Mind-Body Connections
Substance Abuse and Depression
Support Groups

Mission

The primary mission of the Black Mental Health Alliance is to provide a forum and promote a holistic, culturally relevant approach to the development of optimal mental health programs and services for African Americans and other people of color.

BLACK MENTAL HEALTH ALLIANCE FOR EDUCATION AND CONSULTATION, INC.

733 West 40th Street, Suite 10
Baltimore, Maryland 21211-2107
Phone: 410.338.2642
Fax: 410.338.1771
Email: BHEALTHALL@AOL.COM